Limit **Screen Time**



Look At Books WITH My Child



Have Times When My Child Can Play With Friends



Have Daily Conversations With My



Teach A New Word Every Day



Let My Child



Have A Routine 💯

Let My Child Help Me Cook Or Bake

Let My Child Play

Outside Often





Let My Child Do

Messy Play

Let My Child Play By Themselves



At Home



Help My Child Put **Away Toys**

Child



Allow My Child To Make Mistakes





Let My

Child Do Some **Things**

Independently

Play Turn-Taking With My Child



Let My Child **Ask For Help**



