Complimen t a friend Pick up litter Hold the door for someone Give a hug VVrite a letter to your teacher

Acts of Kindness

Tell your family you love them	Smile	Write a thank you note	Make someone Iaugh	Offer to help someone
High five someone	Let someone else go first	FREE	Share and take turns	Tidy up without being asked
Colour a picture for someone	Play with someone new	Leave kind notes for people to find	Say "thank you"	Apologize when you should
Encourage others to be kind	Say "hello" to someone new	Make a bookmark for the library	Read a book about kindness	Pay attention in class